



SPORT PERFORMANCE COACH

LEARN. TRAIN. EVOLVE

Job Summary

This position is directly responsible for the development and implementation of on- site or off site performance training programs at or as direct representation of ALTIS Performance. The performance coach will work directly with the supervising coach on all aspects of implementing a performance program including implementing athlete and movement assessment protocols, implement ALTIS training methods, programming for clients and small group training, managing class/ session time to maximize efficiency within the ALTIS facility. The performance coach must be able to communicate the training philosophies and methods for success to the athletes and parents to increase the client's education, commitment and training experience. Accepting this position makes you an ambassador of the ALTIS brand.

Roles and Responsibilities

- Report directly to Head of Sport Performance
- Assist in small group and personal training sessions of clients
- Assist in planning for all training logistics including but not limited to set up of equipment and programming
- Motivate athletes to perform up to their potential
- Assist in assessments/ testing/ screens for athletes
- Assist in data entry of performance results under supervision of Head of Sport performance or Head of Rehab
- Educate coaches/parents/athletes of ALTIS training protocols and methodology
- Assist intern/ OJT in setting up and learning the ALTIS systems and training methodology
- Assist in creating education material on human and sport performance

Interested persons can email a CV and job letter to altisperformanceevolution@gmail.com