

REHAB THERAPIST LEARN. TRAIN. EVOLVE

Job Summary

The Sports Medicine facet at ALTIS Performance completes the circle of the wholistic approach to sport performance by integrating physical therapy and sports injury rehabilitation to support the strength and conditioning aspect for efficient return-to-practice and eventual return- toplay programming. The physical and rehab therapy professionals are located on-site at the ALTIS facility allowing easy communication and incorporation of rehabilitation programs with sport or age-specific training. This integrated approach enables athletes to progress quickly and efficiently through the injury rehabilitation process so they can return to the highest level of competition.

Roles and Responsibilities

- Assist in the development of the ALTIS rehabilitation system in accordance with all local and national laws and regulations
- Review and evaluate physician's referrals and patients' records to determine therapy treatment requirements
- Perform client assessments and evaluations and record findings to aid in developing and/or revising specifics of the treatment program or training program
- Administer appropriate treatments as indicated. Instruct, motivate, and assist patients to achieve their goals
- Evaluate all incoming training athletes utilizing the ALTIS approved evaluation systems to determine training level.
- Provide findings of evaluation in formal reports to both coaching staff and ALTIS clients
- Appropriately supervise and direct PTA's or other support staff in providing patient care and performance of their job responsibilities
- Record patients' treatment, response, and progress daily within ALTIS reporting format
- Update treatment plan and/ or reevaluate patients as needed to ensure optimal outcome

• Interact and consult with other medical services with regard to patients' status; develop relationships with outside medical support staff, including but not limited to orthopedic, internal medicine, dental, chiropractic and massages



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• Work directly with administration staff on weekly patient schedule development, patient reschedules, cancellations, and Pre-Val scheduling

Education and Qualification

- Registered/licensed Physical Therapist or Athletic Trainer (preferred but not mandatory)
- Competitive sports background preferred but not mandatory (either as a former competitor or provider of sports medicine services to competitive teams or individuals)
- Advanced training/certification in soft tissue management (including Graston, ASTYM, or other)
- Advanced training/certification and demonstrated experience/clinical excellence in manual therapy technique